

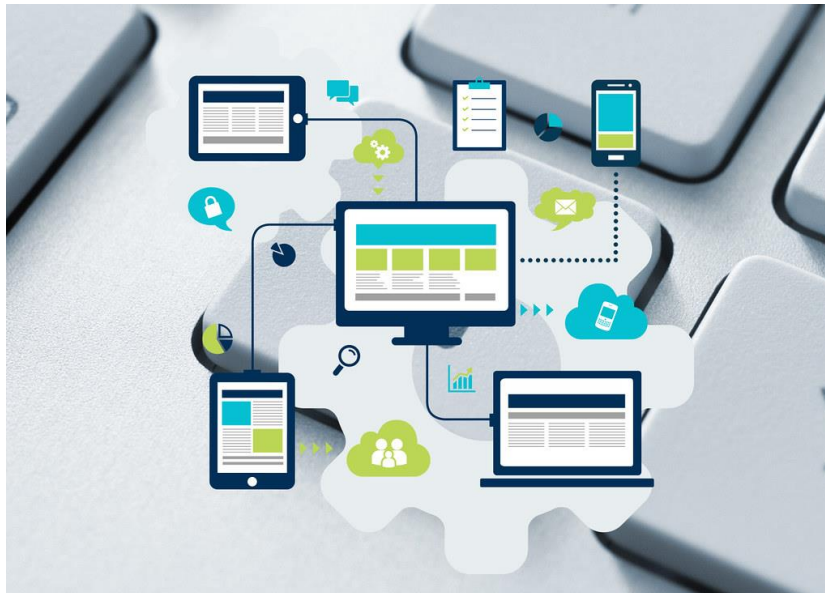
COMPETENCE DEVELOPMENT EVALUATION

Pre-and post-training evaluation

Competence development evaluation scale:

1. Strongly disagree: I have no knowledge or experience in this area.
2. Disagree: I have limited skills and need significant support.
3. Neutral: I have some proficiency but may need occasional guidance or support.
4. Agree: I am confident and competent in this area with minimal support.
5. Strongly Agree: I am highly proficient and can perform this task independently and efficiently.

Basic digital competences



	Scale				
Skills	1	2	3	4	5
I am able to identify the main characteristics of computers, mobile devices, hardware, software and operating systems					
I am able connect to the Internet and navigate confidently in the digital world for personal and professional purposes					
I am able to organise and manage digital information effectively (folders)					

I am able to use a variety of communication channels including email, instant messaging, video calling tools, newsletters and web forums, to share information effectively both online and offline					
I am able to create basic digital content using Microsoft Word and Excel					
I am able to identify and troubleshoot hardware and software problems at a basic level, using digital problem solving methods and seeking support					

Competences in care-specific technology



	Scale				
Skills	1	2	3	4	5
I am able to evaluate the benefits of care-related technology and applications in terms of					

<p>efficiency, safety and improved quality of care I am able to differentiate current tools and systems employed in managing care services and to identify the tools most useful tools for my work</p>					
<p>I am able to match common smart home devices and assistive technologies with the needs of my clients</p>					
<p>I am able to apply smart home devices effectively in various caregiving scenarios</p>					
<p>I am able demonstrate to my clients how they can improve their well-being and independence through the use of digital tools and Apps</p>					
<p>I am able to understand how and when to implement XR (Extended Reality) technologies for improved client care and engagement</p>					
<p>I am able to distinguish between various application domains for robotics</p>					
<p>I am able to use simple robotics in home healthcare settings</p>					

Competences in supporting clients in digital tool use



	Scale				
Skills	1	2	3	4	5
I am able to reflect on the advantages and challenges of digital tools in the lives of care-dependent people					
I am able to provide step-by-step guidance to my clients regarding the exploration and use of digital tools					
I am able to provide personalised recommendations to improve the quality of life through appropriate digital solutions					
I am able to create a supportive and engaging learning environment for my clients					
I am able to facilitate discussions and gather feedback from my					

clients regarding their technology preference					
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Competences in Data Safety



	Scale				
Skills	1	2	3	4	5
I am able to explain the importance of data protection and GDPR, and its application in elderly care					
I am able to handle sensitive information ethically and responsibly in elderly care					
I am able to apply data privacy and security principles in the care context					
I am able to assess digital applications according to certain quality standards					

I am able to raise awareness about common online threats such as phishing and respond effectively to data breaches					
I am able to raise awareness about common online threats such as phishing and respond effectively to data breaches					
I am able to apply troubleshooting and problem-solving techniques in case of a common hardware or software problem					